Some regular exercise

Write regular expression to check strings for the following:

1. Alphanumeric characters only, at least one character
2. Begins with upper case P followed by 9 digits
3. Is a valid hexadecimal number
4. Is a valid GUID (XXXXXXXX-XXXX-XXXX-XXXX-XXXXXXXXXXXX where X is a hex digit)
5. Starts with BEGIN: or START: and ends with :END
6. Same as above but use a capturing group named Payload to capture the text in between the BEGIN/START: and :END markers.